

Systematic review of the effects of exercise and nutrition interventions on body composition in women with metastatic breast cancer

Innerarity, Celia; Kelly, Jaimon T; Van der Meij, Barbara S

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BUILDING THE BRIDGE

bringing together excellence in nutrition

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CONFERENCE**

SHERATON ON THE PARK, SYDNEY
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**NOV 29 -
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PROGRAM

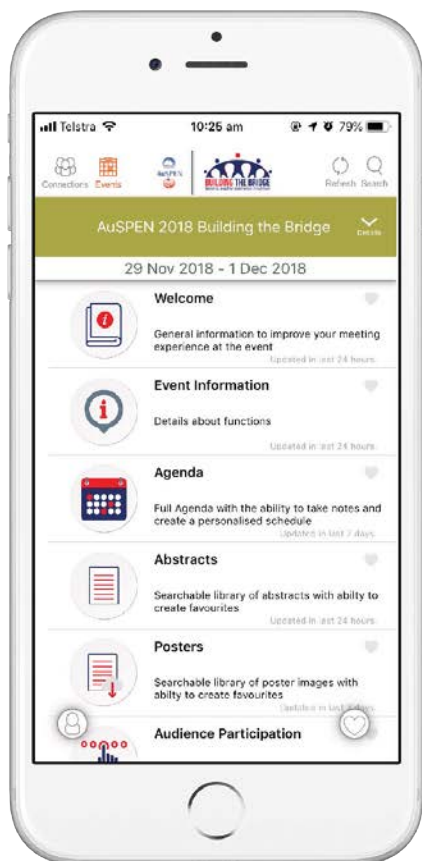
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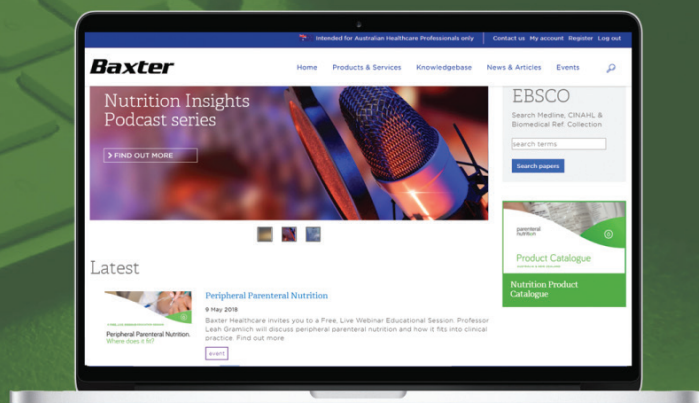


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Welcome to the 44th AuSPEN Annual Scientific Meeting.

With the theme of **“Building the Bridge – Building excellence in clinical nutrition”**, the meeting will focus on building a bridge between evidence and practice, incorporating patient-reported outcomes.

The conference program will feature concurrent workshops on the Thursday, including ESPEN LLL courses, a Communications Workshop and a Paediatric Workshop. Friday and Saturday will feature plenary sessions and symposia on a wide range of nutrition support and clinical nutrition topics including Inflammatory Bowel Disease, ICU, intestinal failure and oncology/bone marrow transplant, a great debate, ‘Hot Topics’ and more! There will also be free oral abstract presentations and poster displays.

Socially speaking, we have a great gala event on the Friday evening with a boat cruise on Sydney Harbour – if you still would like to book a ticket, please see Conference HQ to check availability.

We hope you all enjoy our new conference App which has all the latest features including an exhibition passport where you can visit our valued sponsors and go into the draw to win some great prizes.



Please enjoy your time with us at AuSPEN 2018 and take advantage of the great networking opportunities as well.

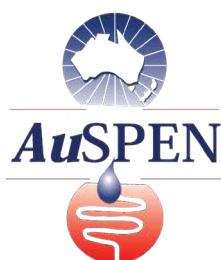
Warm regards

Sophie Hogan and Sharon Carey
- Co-Chairs LOC, AuSPEN 2018.



THE HISTORY OF AUSPEN

AuSPEN is the oldest parenteral nutrition society in the world. The Australasian Society for Parenteral Nutrition (AuSPEN) was founded in 1973 in Melbourne. It was initially set up by surgeons, intensivists, physicians, chemical pathologists, microbiologists and pharmacists. Professor Bob McMahon, a paediatric surgeon from Queen Victoria Hospital in Melbourne, was the first AuSPEN President.



In 1980 AuSPEN expanded the Society name to include enteral nutrition and became The Australasian Society of Parenteral and Enteral Nutrition (AuSPEN). AuSPEN also broadened the scope of its membership to include New Zealand. At this time, the main focus of the Society was the nutrition care of inpatients, however as outpatient needs have grown, the focus of the Society has shifted to encompass both acute and outpatient care.

Since the 1980s, AuSPEN has continued to expand and membership has increased exponentially. AuSPEN's core membership includes many different health professionals including Gastroenterologists, Surgeons, Intensivists, Dietitians, Pharmacists, Nurses, Researchers with a clinical nutrition focus, and students. AuSPEN's current president is Ibolya Nyulasi, an Associate-Professor and Manager of Dietetics Department from Alfred Health.

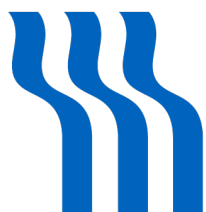
Today, AuSPEN's purpose remains to be the leading professional society for a multidisciplinary approach to clinical nutrition, promoting high standards in the practice of parenteral and enteral nutrition for both inpatients and outpatients.

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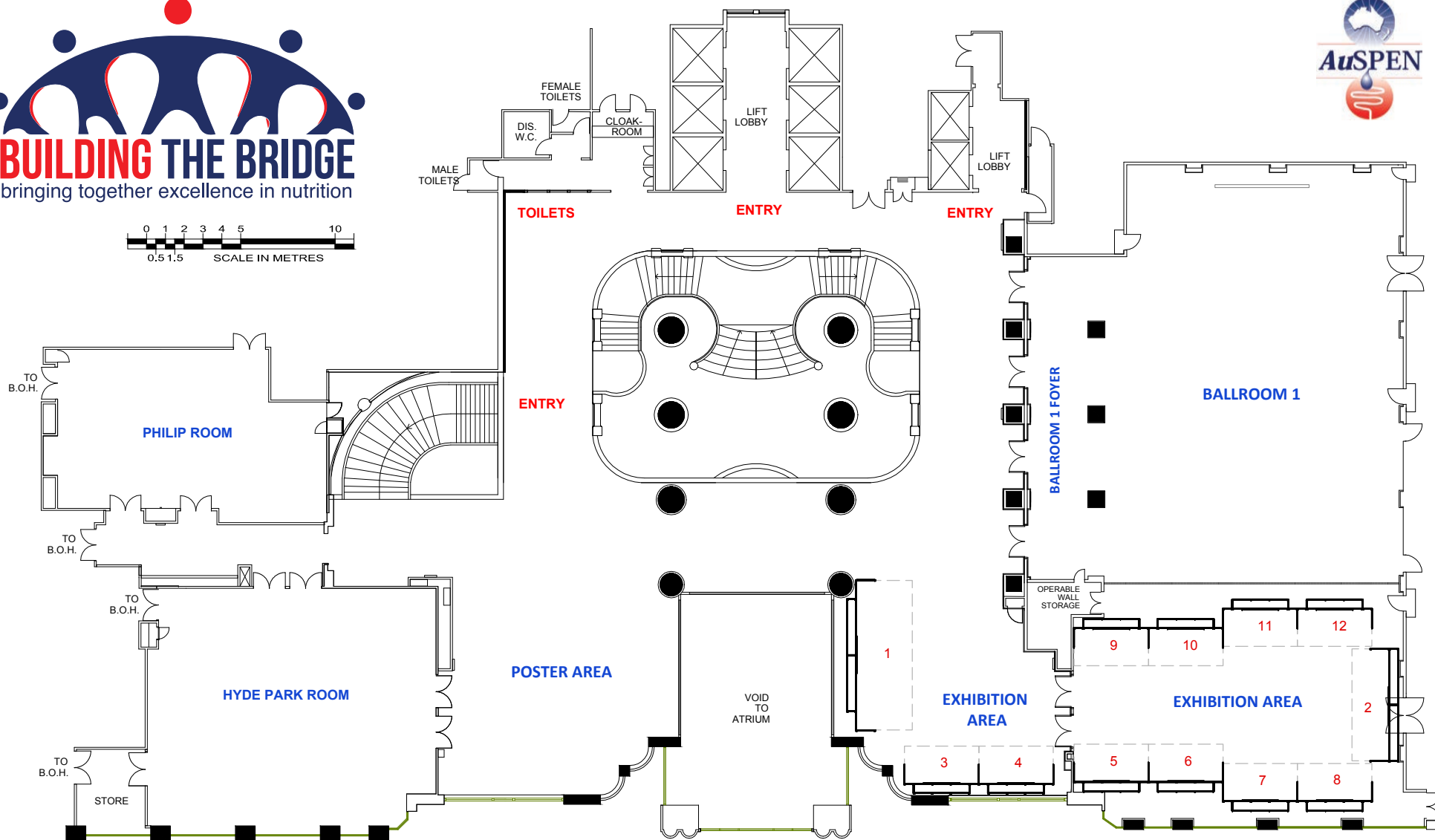
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Thursday 29 November

PRE- CONFERENCE WORKSHOPS & ESPEN LLL COURSE

MORNING SESSION 0830 - 1230					
ESPEN LLL Course 1	Ballroom 1	Paeds Symposium	Hyde Park Room	Communication 1 Workshop	Philip Room
Nutrition in Older Adults Facilitator: Dr Barbara van der Meij Speaker: Prof Alessandro Laviano		0830 - 0835 Introduction to Session - <i>Julia Fox</i>		Communicating Your Way Through the Multidisciplinary System to Achieve the Best Results for Your Patients. - <i>Sophie Hogan & Dr Sharon Carey</i>	
Module 1. Epidemiology, Aetiology and Consequences of Malnutrition in Older Adults Module 2. Nutritional Screening, Assessment and Diagnosis Dietary Advice and Oral Nutritional Supplements in Older Adults		0835 - 0915 The Gut Microbiome – Something for Everyone - <i>Dr Keith Ooi</i>		This workshop aims to build the bridge between disciplines to improve patient care. There are many challenges when trying to work with other disciplines in the healthcare system. Understanding communication barriers and how to overcome them is integral to achieving evidence-based practice. This workshop will consist of case studies, presentations and discussions around common barriers and enablers to improve multidisciplinary team practice whilst integrating evidence.	
		0915 - 0940 Use of a Decision Aid to Help Decision Making for Nutrition Support in the Paediatric Setting - <i>Dr Jennifer Cohen</i>			
		0940 - 1005 Validation of Nutrition Rescreening Questions for Paediatric Inpatients - <i>Melinda Thomas</i>			
		1005 - 1030 Nutrition in the Peri-transplant Period in Children - <i>Dr Boutaina Zemrani</i>			
Morning-tea Break (1030 - 1115)	Ballroom 1 Foyer	Morning-tea Break (1030 - 1115)	Ballroom 1 Foyer	Morning-tea Break (1030 - 1115)	Ballroom 1 Foyer
Module 3. Artificial Nutrition in Older Adults Module 4. Age-related Sarcopenia		1115 - 1135 Eosinophilic Esophagitis – a Paediatric Population Study - <i>Deidre Burgess</i>		Communication 1 Workshop continued...	
		1135 - 1200 A Retrospective Audit of Dietetic Practice in Preterm Infants Born Less than 33 Weeks - <i>Yvette Anscombe</i>			
		1200 - 1230 Development of a System-wide, Integrated Framework to Manage Paediatric Overweight and Obesity - <i>Ayala Rogany</i>			
Lunch Break (1230 - 1330)	Ballroom 1 Foyer	Lunch Break (1230 - 1330)	Ballroom 1 Foyer	Lunch Break (1230 - 1330)	Ballroom 1 Foyer

Thursday 29 November

PRE- CONFERENCE WORKSHOPS & ESPEN LLL COURSE CONTINUED...

AFTERNOON SESSION 1330 - 1730							
ESPEN LLL Course 2		Ballroom 1	Beginners Workshop	Hyde Park Room	Communication 2 Workshop	Philip Room	
Approaches to Parenteral Nutrition Facilitator: Dr Susannah King Speaker: Prof Alessandro Laviano			Refine Your Skills - Calculating Nutritional Requirements for Acute Care Patients <i>- Dr Suzie Ferrie, Dr Emma Ridley, Nicola Riley and Caroline Nicholls</i>		Transform Yourself into the Leader You’ve Always Wanted to Be <i>- Dr Maree Ferguson</i>		
Module 1. Indications and Contraindications for Parenteral Nutrition Module 2. Techniques of Parenteral Nutrition			This workshop aims to build the bridge between evidence and practice in estimating patients’ energy requirements. Measuring energy expenditure is not always possible or available in all settings, so the use of other methods is widespread. But there is significant variation in practice and the available evidence is sometimes difficult to interpret and apply. This workshop will consist of short presentations from leading dietitians, followed by rotating small-group case study discussion activities to help you think critically about this topic, avoid some of the common pitfalls, and confidently integrate the evidence into your practice. <i>Please bring a calculator and whatever resources (handbook, equations, workplace cheatsheet etc) that you would normally use to estimate your patients’ requirements in your everyday work.</i>				
Afternoon-tea Break (1530 - 1600)		Ballroom 1 Foyer	Afternoon-tea Break (1530 - 1600)		Ballroom 1 Foyer	Afternoon-tea Break (1530 - 1600)	Ballroom 1 Foyer
Module 3. Compounding and Ready-to-use Preparation of Parenteral Nutrition: Pharmaceutical Aspects. Compatibility and Stability Consideration; Drug Admixing Module 4. Monitoring and Complications of Parenteral Nutrition			Beginners Workshop continued...		Communication 2 Workshop continued...		
1730 - 1830 AGM - The President invites all members to attend and participate in discussion							
Ballroom 1							

FRIDAY 30 November

MAIN CONFERENCE: AuSPEN 2018 - Building the Bridge

Time	Session		Room
0700 - 0815	Baxter Breakfast Symposium		Hyde Park Room
0830 - 0845	President's Welcome - <i>A/Prof Ibolya Nyulasi</i>		
0845 - 1030	Plenary Session 1: The Bridge Between Evidence and Practice <i>Chair: Prof Liz Isenring</i>		Ballroom 1
0845 - 0930	Moving Towards Best Practice in Oncology - <i>Prof Alessandro Laviano</i>		
0930 - 1015	Using Patient Reported Outcomes - Quality of Life in Home Parenteral Nutrition - <i>Dr Marion Winkler</i>		
1015 - 1030	On the Couch - <i>Prof Alessandro Laviano and Dr Marion Winkler</i>		
1030 - 1115	Morning-tea Break		Exhibition Area
1115 - 1230	Plenary Session 2: Optimising the Patient Experience <i>Chair: Kate Fetterplace</i>		Ballroom 1
1115 - 1130	Patient Experience: Me and TPN - <i>Yasir Ali Khan</i>		
1130 - 1200	Revolutionising Patient Care - <i>Prof Kate White</i>		
1200 - 1230	Optimising Cancer Care Pathways: Responding to Unmet Needs - <i>Dr Ash Malalasekera</i>		
1230 - 1345	Lunch Break & Poster Tour Presentations		Exhibition + Poster Display Area
1345 - 1530	Abstract Oral Presentations - ICU, Post-op Chairs: Dr Russell Canavan, Lee-anne Chapple	Ballroom 1	Abstract Oral Presentations - Home EN/PN, Cancer Chairs: Dr Darcy Holt, Julia Fox Hyde Park Room
	Whole-Gut Permeability is Increased in Critically Mechanically Ventilated Adults in Comparison to Healthy Participants - <i>Oana Tatu-Babet</i>		Feasibility of Home Jejunal Feeding Following Discharge After Major Gastrointestinal Surgery - A Randomised Controlled Trial - <i>Sharon Carey</i>
	The Impact of Removing Gastric Residual Volume Monitoring and Enteral Nutrition Rate Titration in Adults Receiving Mechanical Ventilation - <i>Alicia Wiese</i>		Quality of Life and Nutritional Status in Patients Receiving Home Parenteral Nutrition: A Single Centre Cohort Study - <i>Emma Bidgood</i>
	Diabetes-Specific Formulae Reduce Insulin Requirements and Glycaemic Variability in Critically Ill Patients: A Randomised Controlled Trial - <i>Ra'eesa Doola</i>		Parenteral Nutrition Outcomes of Acute Elderly General Surgical Patients - <i>Briar McLeod</i>
	Prevalence and Impact of Overfeeding in Long Term Intensive Care Patients - <i>Kate Hamilton</i>		A Pilot Observational Survey of Australasian Home Parenteral Nutrition Swimming Practices - <i>Miranda Einstein</i>
	Designing a Perioperative Nutrition Care Service - <i>Alexandra Fuller</i>		Nutritional Support in Chronic Obstructive Pulmonary Disease (COPD): A Randomised Trial - <i>Valerie Conway</i>

*Friday continued next page

FRIDAY 30 November continued...

MAIN CONFERENCE: AuSPEN 2018 - Building the Bridge

1345 - 1530	Abstract Presentations 1 CONTINUED... Chairs: Dr Russell Canavan, Lee-anne Chapple	Ballroom 1	Abstract Presentations 2 CONTINUED... Chairs: Dr Darcy Holt, Julia Fox	Hyde Park Room
	An Observational Study of Feeding Practice in Ventilated Patients with Spinal Cord Injury - <i>Charlotte Rowan</i>		Characterising Myopenia And Myosteatorsis In Oesophagogastric Cancer Surgery - <i>Lisa Murnane</i>	
	Barriers and Enablers for Surgeons to Implement Evidence Based Postoperative Feeding Practices After Pelvic Exenteration Surgery: A Qualitative Study - <i>Sophie Hogan</i>		Nutritional Outcomes After Pancreatic Resection: A Multidisciplinary Approach - <i>Karen Percy</i>	
	How do Patients Initiated on Parenteral Nutrition in the Intensive Care Unit Compare with those on the Ward? - <i>James Williams</i>		To Eat is to Practice - Everyday Challenges of Head and Neck Cancer Survivors - <i>Marianne Boll-Kristensen</i>	
	Does Infusion Time Affect the Retention of Parenteral Micronutrients? - <i>Suzie Ferrie</i>			
1530 - 1600	Afternoon-tea Break			Exhibition Area
1600 - 1730	The Great Debate: Evidence Based Practice Is Achievable Moderator: Prof Liz Isenring Affirmative: Dr Helen Evans, Dr Suzie Ferrie & Prof Alessandro Laviano Negative: Dr Russell Canavan, Dr Kelly Lambert & A/Prof Cherry Koh			Ballroom 1
1600 - 1730	Join us and watch the experts debate whether Evidence Based Practice is Achievable. The affirmative team will support the concept that Evidence Based Practice is achievable in our everyday practice. The negative team will argue this is not achievable and we should be striving for Best Available Evidence. This lighthearted debate will take place before the Dinner Boat Cruise on Sydney Harbour, so don't miss out.			
1845 - 2200	Dinner Boat Cruise 3-hour Cruise of Sydney Harbour Pier 26, Darling Harbour * Bus departs from Sheraton at 6.30pm sharp. Boat departs at 7pm			Pier 26, Darling Harbour



SATURDAY 1 DECEMBER

MAIN CONFERENCE: AuSPEN 2018 - Building the Bridge

Time	Session				Room
0700 - 0815	Fresenius Kabi Breakfast Symposium				Hyde Park Room
0830 - 1000	ICU Session Chair: Lee-anne Chapple	Ballroom 1	0830 - 1030	IBD Session Chair: Sophie Hogan	Philip Room
0830 - 0900	Patient Reported Outcome Measures in ICU - Dr Selina Parry		0830 - 0900	The Evidence For Enteral Nutrition in Inflammatory Bowel Disease - Dr Catherine Wall	
0900 - 0915	Targeted full Energy and Protein Delivery in Critically Ill Adults; A Pilot Randomised controlled trial (FEED trial) - Kate Fetterplace		0900 - 0925	Inflammatory Bowel Disease and Sarcopenia – Dr Darcy Holt	
0915 - 0930	Nourishing our Non-invasively Ventilated Critically Ill Patients - Dr Rosalie Yandell		0925 - 0945	Microbiome: A Hitchhiker's Guide - Dr Nan (Betty) Wu	
0930 - 1000	The Augmented Versus Routine Approach to Giving Energy Trial (TARGET) - Prof Sandra Peake		0945 - 1000	Living with Inflammatory Bowel Disease – Ann Turnbull	
1000 - 1030	Morning-tea Break				Exhibition Area
1030 - 1200	Intestinal Failure Session Chair: Sharon Carey	Ballroom 1	1030 - 1200	Oncology Chair: Dr Darcy Holt	Hyde Park Room
1030 - 1045	"I Live with a Drip" Home Parenteral Nutrition – a Carer's Perspective - Chris Walker		1030 - 1050	Building Bridges from Both Ends; Some Considerations from a Consumer's Cancer Journey- Dr Roy Hoevenaars	
1045 - 1105	The Quality of Life of Carers of Patients on HPN - A Cross Sectional Study - A/Prof Cherry Koh		1050 - 1120	What's New in Oncology - Prof Alessandro Laviano	
1105 - 1140	Managing Intestinal Fistulae - Dr Marion Winkler		1120 - 1140	The Role of Exercise in Major Cancer Surgery - Dr Daniel Steffens	
1140 - 1200	The New Zealand National Intestinal Failure Service: Trials and Tribulations - Dr Helen Evans		1140 - 1200	Investigating Enteral Nutrition During Allogenic Stem Cell Transplantation - Sarah Anderson	
1200 - 1245	Lunch Break				Exhibition Area
1245 - 1440	Walking the Bridge – Making Nutrition Support Patient Focused Chair: Dr Russell Canavan				Ballroom 1
1245 - 1255	Presentation of Awards - A/Prof Ibolya Nyulasi				
1255 - 1330	How Patient-reported Outcomes Value-Add to Clinical Research- Dr Claudia Rutherford				
1330 - 1410	3 Steps for Making Patient Education Truly Patient Centred – Dr Kelly Lambert				
1410 - 1440	Engaging Consumer Groups – Dr Marion Winkler				

*Saturday continued next page

SATURDAY 1 DECEMBER continued...**MAIN CONFERENCE: AuSPEN 2018 - Building the Bridge**

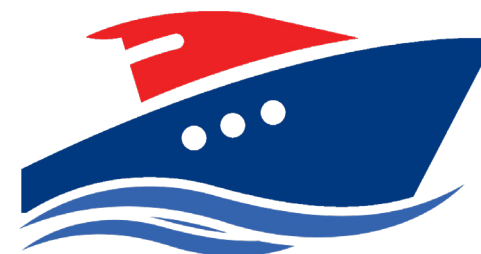
1440 - 1600	Hot Topics of the Day <i>Chair: A/Prof Ibolya Nyulasi</i>	Ballroom 1
1440 - 1500	Hot Topics – Home Enteral Nutrition, Where to From Here - <i>Peter Talbot and Liz Parker</i>	
1500 - 1520	Hot Topics – Home Enteral Nutrition in Palliative Care - <i>Prof Alessandro Laviano</i>	
1520 - 1550	Hot Topics – Barriers to Home Parenteral Nutrition in Palliative Care in the Australasian Setting - <i>Prof David Russell</i>	
1550 - 1600	Closing Remarks and Awards - <i>A/Prof Ibolya Nyulasi</i>	Ballroom 1
1600 - 1630	Networking Drinks and Canapés - <i>Stay on for a glass of bubbles to celebrate AuSPEN 2018...</i>	Ballroom 1



GALA DINNER BOAT CRUISE

The AuSPEN 2018 Gala Event will be a dinner cruise on Sydney Harbour onboard the Matilda III.

The cruise is a fantastic opportunity to relax and network in a fun and friendly atmosphere whilst you soak in the iconic views of Sydney Harbour!

**DATE / TIMING**

7pm - 10pm **Friday 30 November**

DEPARTURE DETAILS

6.30pm Bus from Sheraton to Boat

Arrive at Dock at 6.45pm

Cruise departs **Pier 26, Darling Harbour**

RETURN DETAILS

Disembark at Pier 26,
Darling Harbour at 10pm

**INCLUDES**

- Canapés on arrival
- Buffet dinner
- Beverages including beer, wine and soft drinks
- Dessert, tea & coffee
- Transfers to and from the Sheraton Hotel

**TICKETS**

\$110 per person

****Tickets my still be available.***

Please see the onsite
Registration HQ desk to check
availability.



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